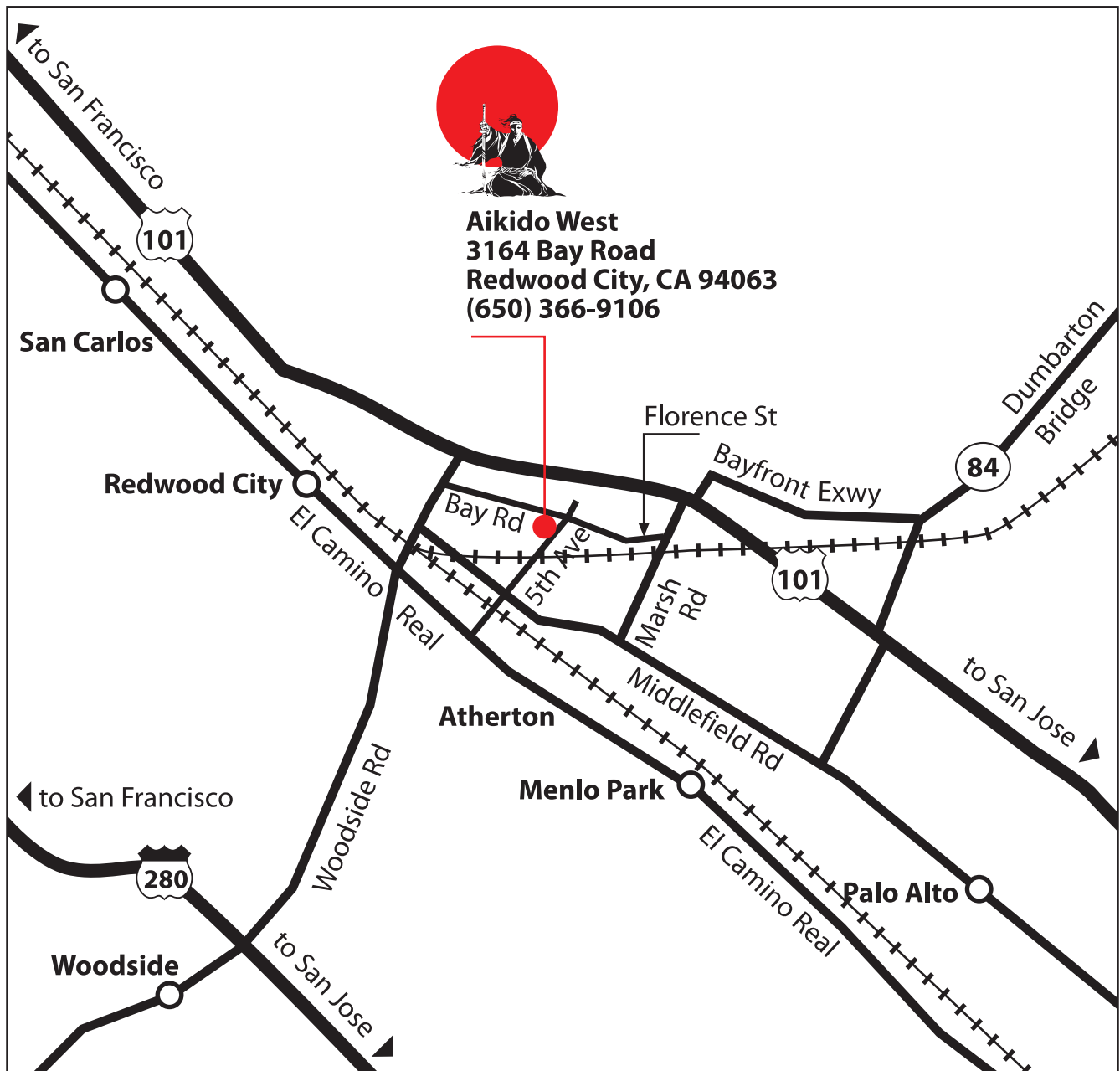




**Aikido West**  
3164 Bay Road  
Redwood City, CA 94063  
(650) 366-9106



**From San Francisco on 101,** take the Woodside exit and go west. Turn left on Bay, which is at the second traffic light. Proceed south on Bay though three stop signs. After the third stop sign, the road narrows to one lane in each direction. Turn right into our parking lot immediately after the ice skating rink and before the 7-11 market. If you reach the stop sign at the corner of Bay and 5th, you've gone a little bit too far.

**From San Francisco on 280,** take 92 west to 101 south, and proceed as above.

**From San Jose on 101,** take Marsh Road west and turn right on Florence Street. Follow the road as it bears to the right to become Bay Road. Proceed on Bay until you get to the first stop sign, at 5th. There is a 7-11 market on the far left corner; the dojo is next door to it on Bay.

**From San Jose on 280,** take the Woodside exit and go east. After several miles you will come to a light at Bay Road. Turn right onto Bay Road, and proceed south through three stop signs. After the third stop sign, the road narrows to one lane in each direction. Turn right into our parking lot immediately after the ice skating rink and before the 7-11. If you reach the stop sign at the corner of Bay and 5th, you've gone a little bit too far.